

WEDNESDAY & THURSDAY February 15, 16 / Pre Summit	
7:30AM – 8:00AM	Registration - Nedley Community Depression and Anxiety Recovery Program™ Training <i>Haskell Hall, Weimar</i>
8:00AM – 5:00PM	Nedley Community Depression and Anxiety Recovery Program™ Training <i>Lunch provided Haskell Hall, Weimar</i>
THURSDAY February 16 / EQ Summit	
10:00AM – 12:00PM	Registration - EQ Summit <i>Haskell Hall, Weimar</i>
12:30PM – 1:30PM	Keynote Presentation "Emotional Intelligence and Brain Plasticity"* <i>Neil Nedley, MD</i>
1:30PM – 2:30PM	"Brain Plasticity and Hope: Amazing Stories of Change"* <i>Don Mackintosh, BSN, MDiv</i>
2:30PM – 3:00PM	Break
3:00PM – 4:00PM	"Strokes, 'Permanent Brain Damage' and Neuroplasticity: Hope is Realized"* <i>Phil Mills, MD</i>
4:00PM – 5:00PM	"Data from the Eight Week Outpatient Depression and Anxiety Recovery Program"* <i>Eddie Ramirez, MD</i>
5:30PM – 6:15PM	Supper <i>Dining Hall, Weimar</i>
6:30PM – 7:30PM	"Good and Bad Stress—How to Tell the Difference in How it Changes the Brain"* <i>Daniel Binus, MD</i>

FRIDAY February 17 / EQ Summit	
6:00AM – 7:00AM	Exercise
7:30AM – 8:15AM	Breakfast <i>Dining Hall, Weimar</i>
8:30AM – 9:30AM	"Good and Bad Psychotherapy and How it Changes the Brain"* <i>Amanda Anguish, MS, LMFT</i>
9:30AM – 10:00AM	Break
10:00AM – 11:00AM	"Leadership, Authority, and Emotional Intelligence"* <i>Allen Davis, Jr, PhD</i>
11:00AM – 12:00PM	"The Woman Who Changed Her Brain: A Personal Journey Into the World of the Brain Shaping the Brain"* <i>Barbara Young, BAAsc, MA</i>
12:30PM – 1:30PM	Lunch <i>Dining Hall, Weimar</i>
1:45PM – 2:45PM	"Nutrition and Brain Plasticity"* <i>Neil Nedley, MD</i>
Seminar 1 3:00PM – 3:50PM	1. "The Intimate Connection Between Mental Health Issues and Learning Disabilities"* <i>Barbara Young, BAAsc, MA</i>
Seminar 2 4:00PM – 4:50PM	2. "From Good to Great: Educational Principles That Turn a Good Brain Into a Great Brain"* <i>Allen Davis, Jr, PhD</i>
Seminar 3 3:00PM – 3:50PM	1. "How Thinking Can Change Brain Chemistry"* <i>Amanda Anguish, MS, LMFT</i>
Seminar 4 4:00PM – 4:50PM	2. "Mind-Altering Medications: What are They Doing to Brain Plasticity?*" <i>Daniel Binus, MD</i>
Seminar 5 3:00PM – 3:50PM	1. "Power of Non-Confrontational Persuasion: How Healthy Persuasion Can Change the Brain"* <i>Flavia Jorge, PhD</i>
Seminar 6 4:00PM – 4:50PM	2. "Religion and Brain Plasticity: Is there a Connection?*" <i>Don Mackintosh, BSN, MDiv</i>
5:30PM – 6:15PM	Supper <i>Dining Hall, Weimar</i>
6:15PM – 6:30PM	Music Therapy
6:30PM – 7:30PM	"Neurotheology: How Prayer Reshapes the Brain"* <i>Don Mackintosh, BSN, MDiv</i>

SATURDAY February 18 / EQ Summit	
6:00AM – 7:00AM	Exercise
7:30AM – 8:15AM	Breakfast <i>Dining Hall, Weimar</i>
8:30AM – 9:30AM	"Biblical Case Studies in Neuroplasticity and Emotional Intelligence"* <i>Neil Nedley, MD</i>
9:30AM – 10:00AM	Break
10:00AM – 11:00AM	"Live Case Studies from Those Who Have Changed Their Brains"* <i>Neil Nedley, MD</i>
11:00AM – 12:00PM	"Changing Your Brain with Spiritual Cognitive Behavioral Therapy"* <i>Don Mackintosh, BSN, MDiv</i>
12:30PM – 1:30PM	Lunch <i>Dining Hall, Weimar</i>
2:00PM – 4:00PM	Walk
4:00PM – 5:30PM	"Changing the Brain Through Music"* <i>Erwin Nanasi</i>
5:30PM – 6:15PM	Supper <i>Dining Hall, Weimar</i>
6:30PM – 7:30PM	"Delivered from Distraction: Getting the Most Out of Life with Attention Deficit Disorder"* <i>John Ratey, MD</i>
SUNDAY February 19 / EQ Summit	
6:00AM – 7:00AM	Exercise
7:30AM – 8:15AM	Breakfast <i>Dining Hall, Weimar</i>
8:30AM – 9:30AM	"Data from the Ten Day Residential Depression and Anxiety Recovery Program"* <i>Eddie Ramirez, MD</i>
9:30AM – 10:20AM	"Neuroplasticity and Psychological Brain Health"* <i>John Ratey, MD</i>
10:30AM – 11:20AM	"How Hope and Enthusiasm Can Change the Brain"* <i>Don Mackintosh, BSN, MDiv</i>
11:30AM – 12:30AM	Panel Discussion / Q & A
1:30PM – 5:30PM	Post Summit Optimize Your Brain™ Training (must be registered)

*CME Credit